



**Sarah Rafat**



# Houston Health *Success*

Sarah Rafat is a single mother of two who works hard to make ends meet for her family. Her son has Down syndrome and the out-of-pocket expenses for his care, therapy and other services take a large percentage of her income. She came to Care Connection for help and received a voucher for her son to participate in the Lifespan Respite Care program through The Rise School. She used the voucher to pay for him to attend summer camp at The Rise School, which provides high quality education services to children with and without disabilities in an integrated environment.

Sarah says the Lifespan Respite Care voucher was an amazing help that alleviated some of the financial pressure that comes with her son's care. With him at summer camp, she was also able to relax and take some time for herself.

The Care Connection Aging and Disability Resource Center program helps parents who do not qualify for services from other agencies. Call 855-YES-ADRC for information.

